

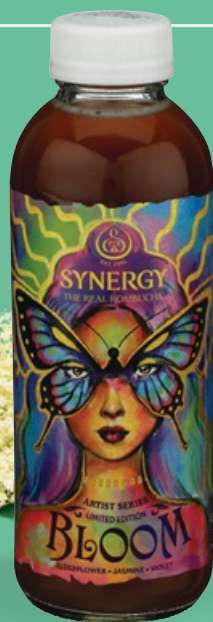
deals

July 29–August 11, 2026



Mother Nature's

Your Health & Wellness Store



GT's
Synergy Kombucha
selected varieties

2/\$5

16 oz



Perfect Bar
Protein Bar
selected varieties

2/\$5

Make this School Year Deliciously Easy!

Orgain
Organic Vegan
Nutritional Shake
selected varieties

\$2.79

11 oz



NordicNaturals
Kids Probiotic Gummies

\$14.99

60 ct



Everyone
3-in-1 Soap
selected varieties

\$7.99

32 oz



HU
OrganicChocolateBar
selected varieties

\$3.79

2.1 oz



Pancha
Buckwheat Bread
selected varieties

\$4.99

14 oz



PurelyElizabeth
Granola
selected varieties

\$6.29

8-12 oz



Primal Kitchen
Organic Ketchup
selected varieties

\$4.79

11.3 oz



Graza
Sizzle Extra Virgin
Olive Oil

\$11.99

750 ml



Solaray
Zinc 50mg

\$7.99

100 vcap



Look for new deals on **August 12!**



*Spreading integrity
since 1976*

Once Again is a 100% employee-owned company that produces clean ingredient nut & seed butters and snacks. Our passionate employee owners take pride in fueling healthy lifestyles with small-batch, high-quality products crafted as close to homemade as possible.



**Once Again
Organic Tahini**

\$7.99

16 oz

**Alo
Aloe Vera Juice Drink**
selected varieties

2/\$4



**GOODGOOD
Coco Hazel**

selected varieties

\$6.29

12 oz



**Crunchmaster
Crackers**

selected varieties

2/\$5

**Quinn Snacks
Pretzel Snacks**

selected varieties

\$2.79

5.6oz



Good ingredients and great taste shouldn't have to negotiate. Justin's uses simple, high-quality ingredients to create naturally delicious nut butters and organic treats to satisfy every eating occasion. We think your taste buds will agree!



**Justin's
Organic
NutButterCups**

\$1.79

1.32-1.4 oz



**Justin's
Organic
PeanutButter Cups**
selected varieties

\$4.99

4.7oz

**Jackson's
Sweet Potato Chips**
selected varieties

2/\$6



**Hippeas
Chickpea Puffs**
selected varieties

2/\$6



**Aloha
Organic Protein Bar**

selected varieties

2/\$4



**Kate's Real Food
Organic Energy Bar**

selected varieties

\$2.29

2.2 oz



**Simple Mills
Stuffed
Sandwich Cookies**

selected varieties

\$4.29

6.7 oz



**Clif Bar
Energy Bar**

selected varieties

\$1.79

1.76-2.4 oz



**Archer
Meat Stick**

selected varieties

\$1.49

0.85-1 oz



**EPIC
Meat Bar**

selected varieties



\$1.79

1.3oz



**Simple ingredients.
Big kid energy.**

From the lunchbox to after-school snacking, Simple Mills delivers real, wholesome snacks kids love - and simple ingredients parents can feel good about.

At Simple Mills, we believe food has the power to transform how you feel - delicious and nourishing, never complicated. Because back to school should be about big moments, not ingredient lists.

Our snacks are made with recognizable, nutrient-dense ingredients like nuts and seeds. No artificial flavors, no hard-to-pronounce ingredients. Just real food made simply.

Good ingredients shouldn't be the exception - at Simple Mills, they're the rule.



**Ithaca
Lemon Dill
Hummus**
selected varieties

\$3⁷⁹

10oz



Brew Dr Kombucha
selected varieties

\$1⁹⁹

14oz



**R.W. Knudsen
Organic Just Tart
Cherry Juice**

\$8⁹⁹

32 oz



**Siggis
Yogurt Drink**

\$1³⁹

8oz



**Maplehill
100% Grassmilk
Org Whole Milk**

\$6⁷⁹

64oz



**BelGioioso
FreshMozzarellaCheese Ball**
selected varieties

\$2⁷⁹

8 oz



**Cadia
Chicken Nuggets**
selected varieties

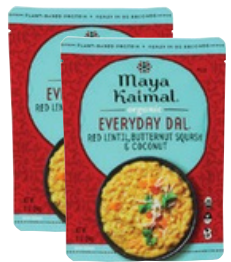
\$8⁹⁹

20 oz



**Maya Kaimal
Organic Everyday Dal**
selected varieties

2/\$7



**Cadia
Pizza**
selected varieties

\$8⁹⁹

12-13 oz



**Red's
Organic Burrito**
selected varieties

\$2¹⁹

4.5 oz



**organic, non-GMO
berries are frozen
at peak ripeness.**

**National
Farmer's
Market
Week**
August 2 - 11

**Zhou
Creatine Chews
Pink Lemonade**
selected varieties

\$29⁹⁹

60ct



**Flora
Super 8 Hi-Potency
Probiotic**

\$20⁹⁹

30 cap



**Host Defense Mushrooms
Lion's Mane**

\$25⁹⁹

60 ct



**Natural Stacks
MagtechMagnesium**

\$29⁹⁹

90 ct



**ChildLife
Liquid Vitamin C**

\$7⁹⁹

4 oz



**Kyolic
BloodPressure
Health Formula 109**

\$38⁹⁹

160 ct



caboo

Caboo makes traditional paper unnecessary. We make tree-free household and personal care products from renewable bamboo. Soft, strong, and tree-free.



**Caboo
Bamboo Flushable
Wipes**

\$4²⁹

60ct



**Caboo
Bamboo Baby Wipes**

\$4⁷⁹

72 ct



**Caboo
Tree-Free Toilet Paper**

\$3⁹⁹

4 ct

**Aura Cacia
Eucalyptus
Essential Oil**

\$4²⁹

.5 oz



**B oiron
Calendula Cream**

\$9⁹⁹

2.5 oz



**Dr. Bronner's
Organic Castile
Liquid Soap**

selected varieties

\$9⁹⁹

16 oz



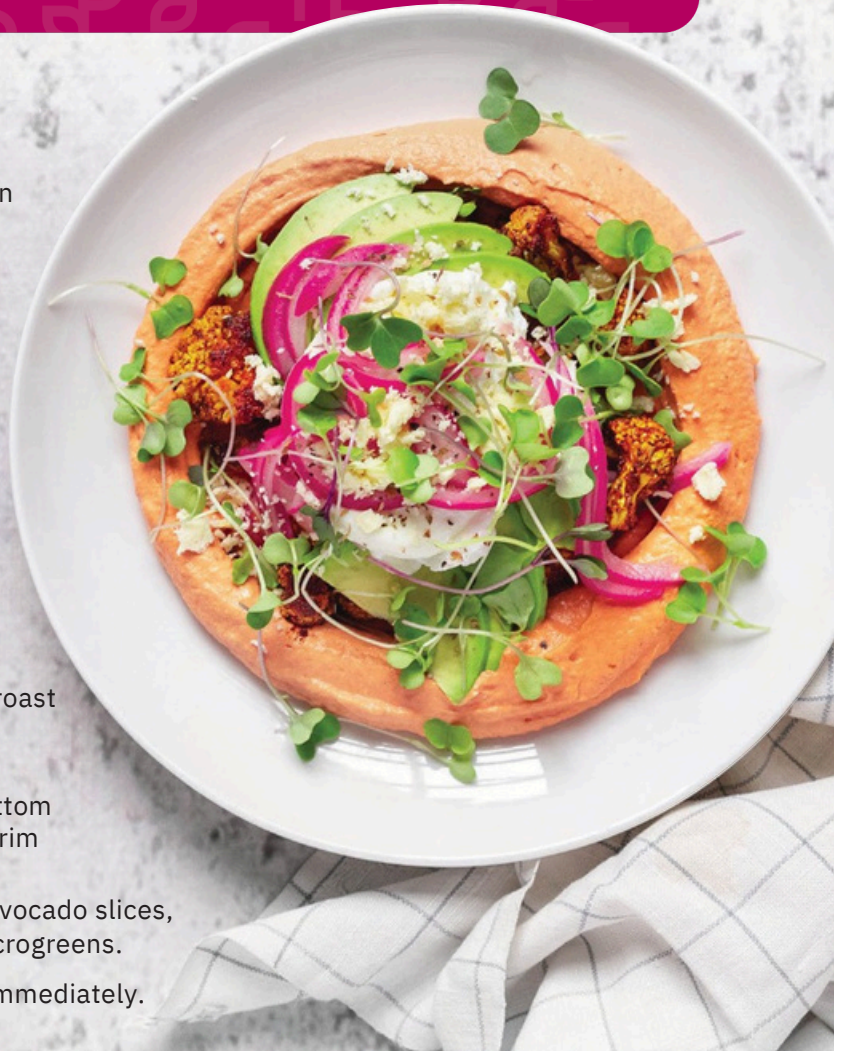
Roasted Cauliflower Hummus Bowl

INGREDIENTS

- | | |
|--|--|
| 1 teaspoon paprika | 2 avocados, peeled, pitted, and sliced |
| 1 teaspoon ground cumin | $\frac{2}{3}$ cup pickled red onion |
| $\frac{1}{2}$ teaspoon garlic powder | $\frac{1}{2}$ cup crumbled feta cheese |
| $\frac{1}{2}$ teaspoon turmeric | 2 large handfuls microgreens |
| $\frac{1}{2}$ teaspoon sea salt | 4 poached eggs |
| 4 tablespoons olive oil | |
| 2 pounds bite-size cauliflower florets | |
| 16 ounces roasted red pepper hummus | |

DIRECTIONS

- 1 Preheat oven to 375°F. Line two baking sheets with parchment paper.
- 2 In a large mixing bowl, combine paprika, cumin, garlic powder, turmeric, sea salt, and olive oil. Toss with cauliflower until evenly coated.
- 3 Spread cauliflower evenly on the baking sheets and roast for 15–20 minutes, until tender and lightly browned. Rotate pans halfway through for even roasting.
- 4 To assemble each bowl, spread hummus onto the bottom of a shallow bowl or plate, creating a slightly thicker rim around the edges.
- 5 Arrange roasted cauliflower in the center. Top with avocado slices, poached egg, pickled red onion, feta cheese, and microgreens.
- 6 Drizzle with additional olive oil if desired and serve immediately.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



CE-A