



Alfalfa Leaf, Cut *	\$17.59/#
Angelica Root, Cut *	\$39.99/#
Anise Seed*	\$15.79/#
Arrowroot Powder	\$49.99/#
Ashwagandha Root Powder	\$28.99/#
Beet Root Powder *	\$35.29/#
Black Cohosh Root, Cut *	\$49.99/#
Blessed Thistle, Cut *	\$24.19/#
Burdock Root*	\$23.99/#
Burdock Root Powder*	\$25.99/#
Calendula Flowers, Petals *	\$32.26/#
Cardamom Pods	\$60.39/#
Cascara Sagrada	\$23.99/#
Cat's Claw Bark, cut	\$34.09/#
Catnip Leaf & Flowers, Cut*	\$34.09/#
Cayenne Powder 30,000 HU*	\$17.99/#
Cayenne Powder 75,000 HU*	\$22.49/#
Chamomile Flowers, German *	\$36.79/#
Chicory Rt, Roasted Granules*	\$19.29/#
Chlorella Powder	\$58.99/#
Cinnamon Chips*	\$17.99/#
Cinnamon Powder Korintje	\$15.69/#
Cinnamon Ceylon Powder, FT*	\$33.89/#
Cinnamon Sticks Korintje, FT *	\$19.39/#
Cloves, whole*	\$50.99/#
Comfrey Leaf, Cut*	\$20.79/#
Comfrey Root, Cut*	\$18.09/#
Cornsilk, Cut	\$15.09/#
Cumin Seed*	\$18.99/#
Curry Powder*	\$18.99/#
Dandelion Leaf, Cut*	\$22.89/#
Dandelion Root, Cut*	\$31.19/#
Echinacea Purpurea Root, Cut*	\$43.69/#
Elder Berries*	\$36.69/#

Elder Flowers	\$28.89/#
Eucalyptus Leaf, Cut*	\$33.29/#
Fennel Seed*	\$15.99/#
Fennel Seed Powder	\$19.99/#
Fenugreek Seed	\$11.49/#
Frankincense Tears	\$17.59/#

Garam Masala Powder*	\$31.59/#
Garlic Granules*	\$24.69/#
Ginger Root, Cut*	\$33.59/#
Ginger Root Powder*FT	\$33.59/#
Ginkgo Leaf, Cut*	\$26.89/#
Goldenseal Leaf*	\$54.09/#
Gravel Root	\$29.09/#
Hawthorn Leaf & Flower, Cut*	\$21.49/#
Hawthorn Berries*	\$16.29/#
Hibiscus Flowers, Cut, FT*	\$26.39/#
Hibiscus Petals*	\$23.99/#
Holy Basil (Tulsi Leaf)	\$79.99/#
Horsetail, Cut*	\$19.09/#
Hyssop, Cut*	\$30.99/#
Jasmine Flowers	\$38.99/#
Juniper Berries*	\$17.99/#
Lavender Flowers*	\$71.99/#
Lemon Balm Leaf, Cut*	\$33.89/#
Licorice Root, Cut*	\$27.99/#
Licorice Root Powder*	\$33.99/#
Marshmallow Root, Cut*	\$29.29/#
Milk Thistle Seed*	\$24.99/#
Motherwort Herb, Cut*	\$34.09/#
Mullein Leaf, Cut*	\$28.39/#
Mustard Seed, Brown*	\$9.89/#
Myrrh Gum Powder	\$27.49/#
Nettle Leaf, Cut*	\$21.99/#

Oatstraw green Tops, Cut*	\$25.09/#	
Onion Powder*	\$15.69/#	
Paprika Powder*	\$22.49/#	
Pau d'Arco Bark, Cut	\$14.89/#	
Pepper Black, Medium Grind*	\$30.29/#	
Peppercorns Black*	\$28.99/#	Peppermill Blend, Whole* \$37.89/#
Peppermint Leaf*	\$26.59/#	
Poppy Seed*	\$13.99/#	
Psyllium Husk Powder*	\$19.99/#-DNR	
Red Clover Tops*	\$46.29/#	
Red Raspberry Leaf, Cut*	\$21.09/#	
Rosebuds, Pink	\$53.99/#	
Rose Petals, Red	\$23.99/#	

* =Organic FT=Fair Trade SF=Salt Free



Red Rosehips, Deseeded & Cut*	\$18.79/#
Rosemary Leaf Powder*	\$16.59/#
Rosemary Leaf Whole*	\$16.99/#
Sage Leaf, Rubbed*	\$27.09/#
Skullcap, cut	\$35.99/#
Sea Salt, Applewood Smoked	\$19.09/#-DNR
Sea Salt, Dead	\$5.39/#
Sea Salt, Himalayan Pink	\$14.09/#
Shepherd's Purse	\$17.99/#
Slippery Elm Bark, Cut*	\$76.09/#
Slippery Elm Bark Powder*	\$64.99/#
Spearmint Leaf, Cut*	\$22.49/#
Spirulina Powder*	\$49.99/#
St. John's Wort*	\$15.99/#
Thyme Leaf*	\$31.99/#
Turmeric Root, Cut*	\$16.49/#

Turmeric Root, Powder*	\$17.59/#
Turmeric Root, Whole*	\$17.99/#
Valerian Root*	\$28.09/#
Veggie Pepper*	\$31.89/#
Wheat Grass Powder*	\$31.09/#
White Willow Park, Cut*	\$17.89/#
Wormwood Herb, Cut*	\$23.99/#
Yarrow Herb, Cut*	\$19.59/#
Beeswax Beads	\$26.59/#

TEAS

Green

Bancha Green Tea, FT*	\$23.59/#
Genmaicha Matcha Green Tea*	\$66.09/#
Gunpowder Green Tea, FT*	\$30.09/#
Jasmine Green Tea, FT*	\$37.09/#
Raspberry Green Tea*	\$59.99/#
Sencha Green Tea*	\$35.09/#

Blends/Misc.

Elderberry Echinacea*	\$39.99/#
Guardian Spirit Tea	\$20.99/#-DNR
Luscious Licorice Herbal Tea	\$21.59/#
Relaxing Herbal*	\$32.09/#
Rooibos, Red*	\$27.69/#
Yerba Mate Leaf, Cut*	\$23.89/#

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Herbs and spices are subject to current availability. Contact Mother Nature's Food, Inc for specific availability at (715) 834-2341 or 1-800-359-5034.