



Elder Flowers  
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\$28.99/

Alfalfa Leaf, Cut *	\$17.59/#	Eucalyptus Leaf, Cut*	\$32.09/#
Angelica Root, Cut *	\$35.99/#	Fennel Seed*	\$15.99/#
Anise Seed*	\$15.79/#	Fennel Seed Powder*	\$19.99/#
Arrowroot Powder	\$49.99/#	Fenugreek Seed	\$10.99/#
Ashwagandha Root Powder	\$27.89/#	Frankincense Tears	\$17.59/#
Baking Soda	\$4.59/#	Garam Masala Powder*	\$31.59/#
Beet Root Powder *	\$35.29/#	Garlic Granules*	\$23.79/#
Black Cohosh Root, Cut *	\$49.99/#	Ginger, Crystallized*	\$27.99/#
Burdock Root*	\$21.09/#	Ginger Root, Cut*	\$33.59/#
Burdock Root Powder*	\$30.09/#	Ginger Root Powder	\$25.59/#
Calendula Flowers, Petals *	\$30.99/#	Ginkgo Leaf, Cut*	\$26.89/#
Cardamom Seed*	\$62.59/#	Goldenseal Root Powder*	\$294.39/#
Cardamom Pods	\$60.39/#	Gravel Root, Cut	\$28.99/#
Cascara Sagrada	\$16.49/#	Hawthorn Leaf & Flower, Cut*	\$21.49/#
Cat's Claw Bark, cut	\$34.09/#	Hawthorn Berries*	\$15.69/#
Catnip Leaf & Flowers, Cut*	\$34.09/#	Hibiscus Flowers, Cut, FT*	\$25.09/#
Cayenne Powder 30,000 HU*	\$17.99/#	Hibiscus Petals*	\$20.99/#
Cayenne Powder 75,000 HU*	\$22.49/#	Holy Basil (Tulsi Leaf)	\$79.99/#
Chamomile Flowers, German *	\$33.89/#	Horsetail, Cut*	\$18.59/#
Chickory Rt, Roasted Granules*	\$19.29/#	Hydrangea Root, Cut	\$33.09/#
Chilli Powder*	\$21.99/#	Hyssop, Cut*	\$18.99/#
Chlorella Powder	\$58.99/#	Juniper Berries*	\$17.99/#
Cinnamon Chips*	\$12.99/#	Jasmine Flowers	\$38.99/#
Cinnamon Powder	\$11.99/#	Lavender Flowers*	\$60.69/#
Cinnamon Ceylon Powder, FT*	\$32.59/#	Lemon Balm Leaf, Cut*	\$33.89/#
Cinnamon Sticks Ceylon, FT *	\$19.39/#	Lemongrass, Cut*	\$17.59/#
Clay, Bentonite	\$19.59/#	Licorice Root, Cut*	\$27.99/#
Clay, French Green Bentonite	\$17.59/#	Licorice Root Powder*	\$33.99/#
Clay, French Red Bentonite	\$16.59/#	Marshmallow Root, Cut*	\$29.29/#
Cloves, whole*	\$50.99/#	Milk Thistle Seed*	\$23.99/#
Comfrey Leaf, Cut*	\$19.99/#	Motherwort Herb, Cut*	\$34.09/#
Comfrey Root, Cut*	\$17.99/#	Mullein Leaf, Cut*	\$27.29/#
Coriander Seed*	\$20.99/#	Mustard Seed, Brown*	\$9.89/#
Cornsilk, Cut	\$15.09/#	Myrrh Gum Powder	\$27.49/#
Cornstarch*	\$8.69/#	Neem Leaf Powder	\$17.99/#
Cumin Seed*	\$18.99/#	Nettle Leaf, Cut*	\$21.99/#
Cumin Seed Powder*	\$21.29/#	Oatstraw green Tops, Cut*	\$25.09/#
Curry Powder*	\$18.99/#	Onion Powder*	\$15.69/#
Dandelion Leaf, Cut*	\$22.89/#	Paprika Powder*	\$22.49/#
Dandelion Root, Cut*	\$29.99/#	Passion Flower, Cut	\$21.99/#
Damiana Leaf, Cut	\$30.09/#	Pau d'Arco Bark, Cut	
Echinacea Purpurea Root, Cut*	\$42.09/#	Pepper Black, Medium Grind*	\$14.09/#
Elder Berries*	\$31.99/#	Peppercorns Black*	\$30.29/#

\* =Organic FT=Fair Trade SF=Salt Free \$28.99/#



Peppermill Blend, Whole*	\$37.89/#
Peppermint Leaf*	\$25.59/#
Poppy Seed*	\$13.99/#
Psyllium Powder	\$19.99/#
Red Clover Tops*	\$44.09/#
Red Raspberry Leaf, Cut*	\$21.09/#
Rosebuds, Pink	\$53.99/#
Rose Petals, Red	\$23.99/#
Red Rosehips, Deseeded & Cut*	\$17.99/#
Rosehip Powder*	\$15.89/#
Rosemary Leaf Powder*	\$16.59/#
Rosemary Leaf Whole*	\$16.99/#
Sage Leaf, Rubbed*	\$26.09/#
Sea Salt, Applewood Smoked	\$19.09/#
Sea Salt, Dead	\$5.39/#
Sea Salt, Himalayan Pink	\$14.09/#
Sassafras Root Bark, Cut	\$14.09/#
Scullcap, Cut	\$35.99/#
Slippery Elm Bark, Cut*	\$76.09/#
Slippery Elm Bark Powder*	\$64.99/#
Spearmint Leaf, Cut*	\$22.49/#
Spirulina Powder*	\$49.99/#
St. John's Wort*	\$15.99/#
Stevia Leaf*	\$36.09/#
Thyme Leaf*	\$31.99/#
Turmeric Root, Cut*	\$16.49/#
Turmeric Root, Powder*	\$17.59/#
Turmeric Root, Whole*	\$17.99/#
Uva Ursi Leaf*	\$25.09/#
Valerian Root*	\$28.09/#
Wheat Grass Powder*	\$31.09/#
White Willow Park, Cut*	\$17.89/#
Wild Yam Root, Cut	\$31.99/#
Wormwood Herb, Cut*	\$23.99/#
Yarrow Herb, Cut*	\$19.59/#

**TEAS**

**Green**

Bancha Green Tea, FT*	\$23.59/#
Genmaicha Matcha Green Tea*	\$66.09/#
Gunpowder Green Tea, FT*	\$30.09/#
Jasmine Green Tea, FT*	\$37.09/#
Raspberry Green Tea*	\$59.99/#
Sencha Green Tea*	\$35.09/#

**Blends/Misc**

Guardian Spirit Tea	\$32.69/#
Luscious Licorice Herbal Tea	\$21.59/#
Sacred Blossom Herbal Dream Tea	\$8.34/oz
Indian White Tea*	\$27.69/#
Relaxing Herbal*	\$32.09/#
Rooibos, Red*	\$27.69/#
Yerba Mate Leaf, Cut*	\$22.89/#

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Herbs and spices are subject to current availability.  
 Contact Mother Nature's Food, Inc for specific  
 availability at (715) 834-2341 or 1-800-359-5034.

