



Alfalfa Leaf, Cut *	\$20.29/#	Gravel Root	\$38.89/#
Angelica Root, Cut *	\$72.78/#	Hawthorn Leaf & Flower, Cut*	\$24.50/#
Anise Seed*	\$16.39/#	Hawthorn Berries*	\$16.19/#
Arrowroot Powder	\$49.99/#-disc	Hibiscus Flowers, Cut, FT*	\$27.39/#
Ashwagandha Root Powder	\$28.99/#	Hibiscus Petals*	\$24.19/#
Beet Root Powder *	\$35.29/#	Holy Basil (Tulsi Leaf)	\$83.09/#
Black Cohosh Root, Cut *	\$57.29/#	Horsetail, Cut*	\$28.09/#
Burdock Root*	\$26.39 /#	Hyssop, Cut*	\$32.99/#
Calendula Flowers, Petals *	\$32.29/#	Jasmine Flowers	\$47.99/#
Cardamom Pods*	\$78.59/#	Juniper Berries*	\$23.49/#
Cardamom Seeds*	\$88.79/#	Lavender Flowers*	\$71.99/#
Cascara Sagrada	\$23.99/#	Lemon Balm Leaf, Cut*	\$35.19/#
Cat's Claw Bark, cut	\$38.09/#	Licorice Root Powder*	\$35.39/#
Catnip Leaf & Flowers, Cut*	\$35.39/#	Marshmallow Root, Cut*	\$30.39/#
Cayenne Powder 30,000 HU*	\$19.99/#	Marshmallow Root, Pwd*	\$34.39/#
Cayenne Powder 75,000 HU*	\$23.39/#	Milk Thistle Seed*	\$24.89/#
Chamomile Flowers, German *	\$44.59/#	Mullein Leaf, Cut*	\$31.89/#
Chicory Rt, Roasted Granules*	\$21.29/#	Myrrh Gum Powder	\$45.79/#
Chlorella Powder	\$60.39/#	Nettle Leaf, Cut*	\$30.39/#
Cinnamon Chips*	\$17.29/#	Oatstraw green Tops, Cut*	\$26.09/#
Cinnamon Powder Korintje	\$19.99/#	Onion Powder*	\$16.29/#
Cinnamon Ceylon Powder, FT*	\$36.29/#	Paprika Powder*	\$23.39/#
Cinnamon Sticks Korintje, FT *	\$34.19/#	Pau d'Arco Bark, Cut	\$19.59/#
Cloves, whole*	\$52.99/#	Peppermint Blend, Whole*	\$40.89/#
Comfrey Leaf, Cut*	\$22.89/#	Peppermint Leaf*	\$26.59/#
Comfrey Root, Cut*	\$27.99/#	Poppy Seed*	\$15.29/#
Cornsilk, Cut	\$17.09/#	Red Clover Tops*	\$55.09/#
Cumin Seed*	\$22.89/#	Red Raspberry Leaf, Cut*	\$26.79/#
Curry Powder*	\$20.39/#	Rosebuds, Pink	\$56.19/#
Dandelion Leaf, Cut*	\$26.49/#	Rose Petals, Red	\$24.99/#
Dandelion Root, Cut*	\$31.19/#	Red Rosehips, Deseeded & Cut*	\$20.59/#
Echinacea Purpurea Root, Cut*	\$43.69/#	Rosemary Leaf Whole*	\$17.79/#
Elder Berries*	\$38.39/#	Sage Leaf, Rubbed*	\$30.69/#
Elder Flowers	\$31.99/#	Scullcap, cut	\$45.39/#
Eucalyptus Leaf, Cut*	\$33.49/#	Sea Salt, Applewood Smoked	\$34.66/#-dnr
Fennel Seed*	\$16.49/#	Sea Salt, Himalayan Pink	\$14.09/#
Fennel Seed Powder*	\$20.69/#	Shepherd's Purse	\$18.79/#
Fenugreek Seed*	\$11.49/#	Slippery Elm Bark, Cut*	\$83.99/#
Frankincense Tears	\$22.19/#	Slippery Elm Bark Powder*	\$67.69/#
Garam Masala Powder*	\$36.19/#	Spearmint Leaf, Cut*	\$23.39/#
Garlic Granules*	\$30.39/#	Spirulina Powder*	\$52.09/#
Ginger Root, Cut*	\$33.59/#		
Ginger Root Powder*FT	\$29.39/#		
Ginkgo Leaf, Cut*	\$34.69/#		

\* =Organic FT=Fair Trade SF=Salt Free



Thyme Leaf*	\$33.19/#
Turmeric Root, Cut*	\$18.29/#
Turmeric Root, Powder, FT*	\$22.29/#
Valerian Root*	\$50.39/#
Wheat Grass Powder*	\$31.09/#
White Willow Bark, Cut*	\$18.59/#
Wormwood Herb, Cut*	\$24.96/#
Yarrow Herb, Cut*	\$21.29/#
Beeswax Beads	\$26.59/#

**TEAS**

**Green**

Bancha Green Tea, FT*	\$26.79/#
Dragonwell Green Tea*	\$44.89/#
Gunpowder Green Tea, FT*	\$38.39/#
Jasmine Green Tea, FT*	\$41.19/#
Raspberry Green Tea*	\$62.49/#
Sencha Green Tea*	\$36.49/#

**Blends/Misc.**

Luscious Licorice Herbal Tea	\$21.59/#
Relaxing Herbal*	\$32.09/#
Yerba Mate Leaf, Cut*	\$24.79/#

**Clays**

Green Clay Powder	\$18.18/#-dnr
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**Updated 5/22/24-KK**

Herbs and spices are subject to current availability. Contact Mother Nature's Food, Inc for specific availability at (715) 834-2341 or 1-800-359-5034.