

deals

October 28–November 10, 2026



Mother Nature's

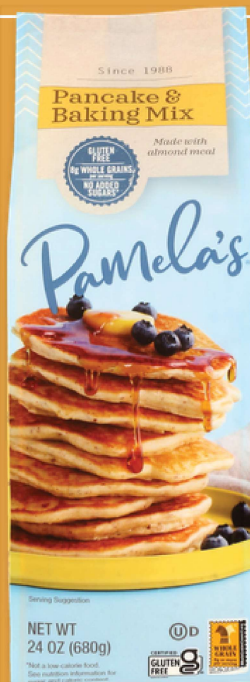
Your Health & Wellness Store



Farmer's Market
Organic Pumpkin Puree

\$2⁷⁹

15 oz



Pamela's
Pancake & Baking Mix

\$7⁴⁹

24 oz



Seasonal Flavors for Every Table

Good Culture
Organic Cream Cheese
selected varieties

\$2⁹⁹

7 oz



Rumiano
Pepperjack Queso
selected varieties

\$5²⁹

8 oz



Date Smarter
Chocolate Covered Dates

\$6⁹⁹

8 oz



Panda
Licorice Chews
selected varieties

2/\$6



Blue Diamond
Nut Thins
selected varieties

2/\$7



ECOS
Dish Soap
selected varieties

\$3⁴⁹

25 oz



Look for new deals on **November 11!**

Better Than Bouillon
OrganicBase
 selected varieties

\$5²⁹

8 oz



Marukan
Organic Rice Vinegar
 selected varieties

\$3²⁹

12 oz



Cadia
Organic All-Purpose Flour
 selected varieties

\$7⁹⁹

5 lb



Justin's
Peanut Butter Cups
 selected varieties

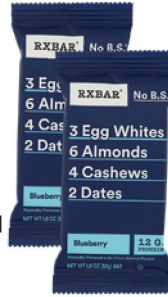
\$1⁷⁹

1.4 oz



RXBAR
Protein Bar
 selected varieties

2/\$4



Tony's Chocolonely
Chocolate Bar
 selected varieties

\$4⁹⁹

6.35 oz



Goodles
Mac&Cheese Cheddar
 selected varieties

\$3⁷⁹

6 oz



Wild Planet
Wild Albacore Tuna
 selected varieties

2/\$8



Made in Nature
Organic Dried Plums

\$5⁴⁹

5 oz



**GT's
Alive Mood+Mind**
selected varieties

2/\$6

16oz



**Odyssey
Sparkling EnergyDrink**
selected varieties

2/\$5



**Olipop
Prebiotic Sodas**
selected varieties

\$1.69

12oz



**Brown Cow
CreamTopWholeMilkYogurt**
selected varieties

\$1.09

5.3 oz



**Good Culture
Organic Sour Cream**

\$3.29

16 oz



**Follow Your Heart
Original Veganaise**

\$4.29

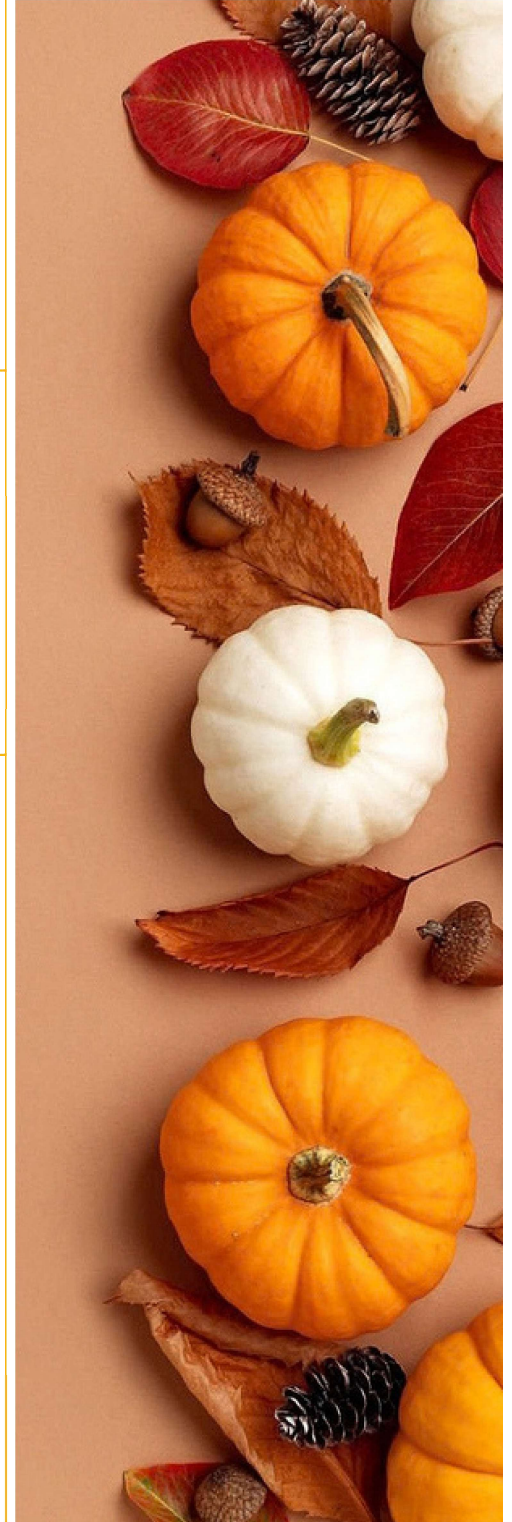
14oz



**cocojune
Organic Coconut Yogurt**
selected varieties

\$1.89

4 oz



Garden of Eatin'
Taco Shells
selected varieties

\$3.29

5.5 oz



Four Sigmatic
Plant Dased Vanilla Creamer
selected varieties

\$7.99

4.23 oz



Primal Kitchen
Ketchup

\$4.79

11.3 oz



Blake's
Pot Pie
selected varieties



2/\$6

CADIA.

Organic margherita
pizza and crispy
chicken nuggets,
ready quickly for
effortless family
meals or snacks.



**Kal
Magnesium Glycinate 350**

\$19⁹⁹



160ct

**Natural Stacks
Magtech Magnesium**

\$29⁹⁹



90 ct

**Himalaya
PartySmart**

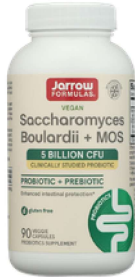
\$12⁹⁹



60 ct

**Jarrow
Saccharomyces Boulardii + MOS**

\$22⁹⁹



90ct

**MegaFood
Magnesium 300mg**

\$15⁹⁹



60cap

**ChildLife
Liquid Vitamin C**

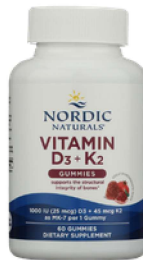
\$7⁹⁹



4oz

**NordicNaturals
Vitamin D3 + K2 Gummies**

\$18⁹⁹



60ct

**RidgeCrest Herbals
ClearLungs**

\$13⁹⁹



60ct

**B oiron
ChestalHoneyCoughSyrup**

\$9⁹⁹



6.7 oz

**Caboo
Tree Free Toilet Paper**



\$3⁹⁹

4ct

**Wedderspoon
OrganicManukaHoneyDrops**

selected varieties

\$8⁹⁹

4 oz



**Xlear
Nasal Spray**

selected varieties

\$9⁹⁹

1.5 oz



**Andalou Naturals
1000 Roses Face Lotion**

selected varieties

\$10⁹⁹

2.7 oz



**Mrs. Meyer's Clean Day
Dish Soap**

selected varieties

\$3⁹⁹

16 oz



**NEW
CHAPTER**

We combine nature's finest ingredients with the best science to bring you masterfully crafted formulas that work with your body and nurture our planet in the process.

**New Chapter
All Items**

25%



**Terry
Naturally**
EuroPharma.

Our mission is simple...to provide clinically effective nutritional supplements and remedies that improve the health of America, one person at a time.

**Terry Naturally
Curamin & CuraMed**
selected varieties

20%



VITAL PLANET
NATURAL DIGESTIVE CARE EXPERTS

For 25 years, Vital Planet has built high-potency, high-diversity supplements on a single conviction: care for your gut, and you care for your whole body.

**Vital Plant
Gut Renew Powder**
selected varieties

\$31⁹⁹



MARY RUTH'S

MaryRuth was inspired to help empower others to take wellness into their own hands after seeing how health issues personally impacted her loved ones.

**Mary Ruth's
Liquid Multivitamin
+ Hair Growth**
selected varieties

\$40⁹⁹



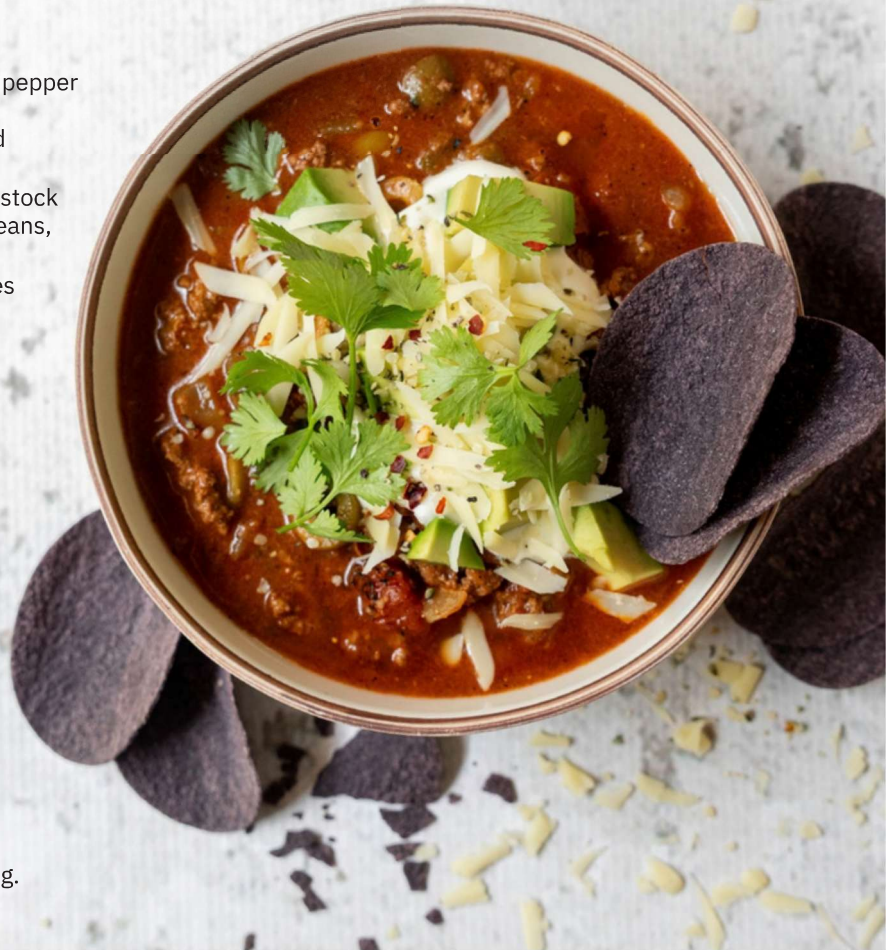
Beef And Bean Chili

INGREDIENTS

3 tablespoons olive oil
½ teaspoon sea salt
1 medium yellow onion, chopped
1 large green bell pepper, chopped
1 pound ground beef
1 ½ tablespoon mild chili powder
1 tablespoon paprika
1 tablespoon ground cumin
2 teaspoons granulated garlic or garlic powder
1-15 ounce can crushed tomatoes
1 quart chicken or beef stock
2-15 ounce cans chili beans, undrained
½ cup sliced green olives

DIRECTIONS

- 1 Heat the olive oil in a large pot or Dutch oven over medium heat. Add the onion and green bell pepper and sauté until tender, about 5–7 minutes.
- 2 Add the ground beef and cook until no longer pink, breaking it into crumbles as it cooks. Drain any excess fat if needed.
- 3 Stir in the chili powder, paprika, cumin, garlic, salt, and black pepper. Cook for about 1 minute, until fragrant.
- 4 Add the crushed tomatoes and stock. Stir well and bring to a gentle simmer. Cook for 15–20 minutes.
- 5 Stir in the chili beans with their liquid and continue cooking for 5 minutes, until heated through.
- 6 Remove from the heat and stir in the sliced green olives.
- 7 Taste and adjust the seasonings as needed before serving.



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